

Uniquely
Me
Lifebook
Sampler

What amenities do you consider so important that you can't imagine living without them?

How easily do you want to be able to get from one place to another?

When you think of family life, what comes to mind?

Think about your own childhood. What are the happy memories?

What do you consider important traits for successful friendships and relationships?

What kinds of people do you like to spend time with?

(Use additional paper as needed)

Why are you working? What satisfaction do you derive from your work? (To pay bills is NOT an answer; we all have that responsibility in some shape or form).

If you are currently self-employed in some fashion (or thinking of becoming self-employed), what attracted you to this particular business path and why?

How do you balance career, family and social life?

Do you like to interact with customers or would you rather interact only with other employees?

Do you like Selling, Customer Service, Administrative duties or some combination of the above?

For many, spirituality is form of community. Meeting regularly at the church, mosque or synagogue is a major part of their spirituality. They are active in the various programs their house of worship sponsors and they give of their financial blessings to help maintain the spiritual community. There are some that seem to go overboard in this respect – any night of the week you can find them involved in something that has to do with their house of worship in some way. Like anything else, there has to be a balance.

How would you define the balance between spirituality and everyday life?

What hobbies or recreational activities do you currently enjoy?

What new hobbies and recreational activities would you like to try?
